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Escore de predição de óbito neonatal no quinto minuto de vida

Maceió – AL

2022

FELIPE CAMILO SANTIAGO VELOSO

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Dissertação de Mestrado apresentada ao Programa de Pós-Graduação em Ciências Médicas da Universidade Federal de Alagoas (UFAL), como parte das exigências para a obtenção do título de Mestre em Ciências Médicas.

Área de Concentração: Doenças crônicas e degenerativas.

Orientador: Prof. Dr. Samir Buainain Kassar.

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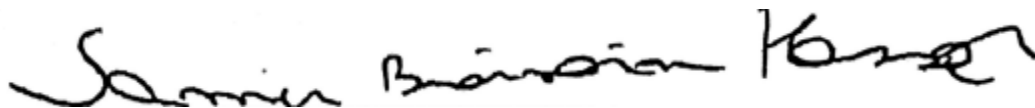
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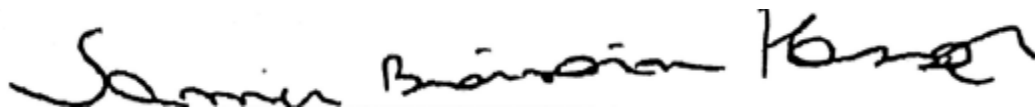
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RESUMO

O estudo objetiva elaborar um escore de predição de óbito neonatal. Trata-se de um estudo caso-controle que utilizou dados secundários públicos coletados a partir do Sistema de Informação sobre Nascidos Vivos (SINASC) e do Sistema de Informações sobre Mortalidade (SIM). O espaço temporal foi cinco anos (2016 – 2020). Considerou-se controle os dois nascidos-vivos registrados imediatamente após a ocorrência do óbito (caso). As variáveis foram idade gestacional, peso ao nascer, número de consultas pré-natais, Apgar no 5º minuto e anomalias congênitas. As análises foram compostas pela frequência absoluta e relativa, Odds Ratio Bruto (ORB) e Odds Ratio Ajustado (ORA). Para a construção do escore de predição, calculou-se o ponto de corte, sensibilidade, especificidade, razão de probabilidade positiva (RPP), razão de probabilidade negativa (RPN) e área sob a curva (ASC). O peso < 2500 gramas obteve um ORA de 7.56 (5.86, 9.74), a presença de malformação ORA 28.15 (16.73, 47.36), a idade gestacional < 37 semanas ORA 6.06 (4.72, 7.78), o Apgar < 7 no 5º minuto ORA 61.61 (38.01, 99.88) e número de consultas pré-natais < 7 ORA 1.29 (1.04, 1.59). O ponto de corte do escore de predição foi cinco pontos, sensibilidade 70.21%, especificidade 96.65%, RPP 20.95, RPN 0.30 e AUC 0.896. O escore de predição mostra-se promissor para prever o óbito neonatal, apresentando uma grande influência na probabilidade quando maior que cinco pontos, obtendo melhor pontuação quando positiva.

PALAVRAS-CHAVE: Mortalidade neonatal. Fatores de risco. Regras de predição clínica.

ABSTRACT

The study aims to develop a neonatal death prediction score. This is a case-control study that used public secondary data collected from the Live Births Information System (LBIS) and the Mortality Information System (MIS). The time span was five years (2016 – 2020). The two live births registered immediately after the occurrence of death (case) were considered control. The variables were gestational age, birth weight, number of prenatal consultations, 5th minute APGAR and congenital anomalies. The analyzes consisted of absolute and relative frequency, Crude Odds Ratio (COR) and Adjusted Odds Ratio (AOR). To construct the prediction score, the cutoff point, sensitivity, specificity, positive probability ratio (PPR), negative probability ratio (NPR) and area under the curve (AUC) were calculated. Weight < 2500 grams had an AOR of 7.56 (5.86, 9.74), the presence of malformation AOR 28.15 (16.73, 47.36), gestational age < 37 weeks AOR 6.06 (4.72, 7.78), the Apgar < 7 at the 5th minute AOR 61.61 (38.01, 99.88) and number of prenatal consultations < 7 AOR 1.29 (1.04, 1.59). The prediction score cutoff was five points, sensitivity 70.21%, specificity 96.65%, PPR 20.95, NPR 0.30 and AUC 0.896. The prediction score is promising to predict neonatal death, showing a great influence on the probability when greater than five points, obtaining a better score when positive.

KEYWORDS: Neonatal mortality. Risk factors. Clinical Decision Rules.

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1 INTRODUÇÃO

O óbito neonatal consiste na morte entre o nascimento e o 27º dia de vida (PATHIRANA et al, 2016). Tal período é comumente dividido em óbito neonatal precoce e tardio, cada um com suas particularidades causais e importância epidemiológica (VELOSO et al, 2019).

No primeiro período, entre o nascimento e o 7º dia de vida, estão incluídas as causas evitáveis, sendo a prematuridade, baixo peso ao nascer e complicações intraparto os motivos mais prevalentes (VELOSO et al, 2019; VALLELY et al, 2021). Já no segundo período, são as anomalias congênitas as causas mais prevalentes (VALLELY et al, 2021).

A primeira semana de vida é a mais crítica para o recém-nascido, principalmente nas primeiras 24 horas de vida (LEHTONEN, 2017). Estima-se que, anualmente, 2.7 milhões de óbitos neonatais ocorram em todo mundo, sendo 1 milhão deles acontecendo na primeira semana (LEHTONEN, 2017; VALLELY et al, 2021).

Diante disso, é importante a utilização de ferramentas para auxiliar na prevenção desses óbitos, uma vez que são, em sua maioria, causas evitáveis (DORLING; FIELD; MANKTELOW, 2005; PEDROSA et al, 2007; VELOSO et al, 2019). Há, na literatura, inúmeras propostas de escores de predição, sejam para países de alta, média ou baixa renda, sejam para ambientes hospitalares ou em unidades intensivas neonatais (INTERNATIONAL NEONATAL NETWORK, 1993; DORLING; FIELD; MANKTELOW, 2005; ROSENBERG et al., 2008; MEDVEDEV et al., 2020).

O Brasil, um país de dimensões continentais, possui diversos contextos sociais e econômicos. O Nordeste encontra-se nesse contexto como uma região com dificuldades assistenciais e isso se reflete nos altos números de óbitos neonatais. É, sim, possível evitar esses óbitos por meio da assistência e da prevenção, as quais podem ser realizadas tanto por meio de políticas públicas, quanto por ferramentas capazes de prever o óbito.

Há várias escores de predição disponíveis e específicos para as diversas situações e realidades. Porém, um escore de predição com dados brasileiros auxiliaria a anteceder os desfechos desfavoráveis no Brasil, tornando-se, assim, interessante a elaboração de um escore de prevenção de óbito neonatal a fim de auxiliar os profissionais de saúde a entender e prever o óbito neonatal no Brasil.

2 OBJETIVOS

2.1 Objetivo geral

Elaborar um escore de predição de óbito neonatal utilizando dados coletados a partir do Sistema de Informação sobre Nascidos Vivos (SINASC) e do Sistema de Informações sobre Mortalidade (SIM).

2.2 Objetivos específicos

Analisar a ocorrência de óbitos neonatais a partir das variáveis idade gestacional; peso ao nascer; número de consultas pré-natais; Apgar no 5º minuto e anomalias congênitas.

Analisar o risco de ocorrência de óbito neonatal a partir das variáveis idade gestacional; peso ao nascer; número de consultas pré-natais; Apgar no 5º minuto e anomalias congênitas.

3 REVISÃO DE LITERATURA

3.1 Definição de óbito neonatal

O óbito neonatal ocorre entre o nascimento e o 27º dia de vida (ISLAM; BISWAS, 2021). Há dois momentos bem definidos que auxiliam o profissional de saúde a entender a dinâmica desse período (BELUZO et al., 2020). O óbito neonatal precoce, compreendido entre o nascimento e o 7º dia de vida, é o período mais importante dessa divisão (LIMA et al., 2020). É nesse momento que, geralmente, são encontrados os fatores evitáveis, cuja ação dos profissionais de saúde na prevenção é essencial para diminuir as chances de óbito (PEDROSA et al. 2007; VELOSO et al., 2019). Já no óbito neonatal tardio, período entre o 7º e o 27º dia de vida, estão situadas as causas mais prolongadas, cuja prevenção não é o fator essencial na redução dos números, mas sim o tratamento eficaz (PEDROSA et al. 2007; LANSKY et al, 2014; LIMA et al., 2020).

3.2 Fatores relacionados ao óbito neonatal

Os fatores relacionados ao óbito neonatal podem ser divididos de acordo com a evitabilidade causal (PEDROSA et al. 2007). As causas evitáveis são fatores modificáveis a partir de mudanças individuais e governamentais (VELOSO et al., 2019). O óbito evitável é um reflexo da saúde pública de um país, sinônimo de uma falha na prevenção ou da assistência ao recém-nascido (PEDROSA et al. 2007; LANSKY et al, 2014; VELOSO et al., 2019).

3.3 Epidemiologia

Entre 2000 e 2020, a média global geral foi de 65.267.392 óbitos neonatais (UNICEF, 2020). Apesar desse número expressivo, ao comparar os números no início e no término do período, houve uma redução de, aproximadamente, 40% nos óbitos neonatais, mostrando que houve uma importante mudança no contexto da prevenção e da assistência a essa problemática (UNICEF, 2020).

Entre 1999 e 2019, o Brasil registrou 659.543 óbitos neonatais em 20 anos, sendo 506.655 óbitos neonatais precoces e 152.888 óbitos neonatais tardios (BRASIL, 2021). A região Sudeste foi a região mais afetada com 236.636 óbitos neonatais, sendo 176.241 precoces e 60.395 tardios (BRASIL, 2021). Logo em seguida, a região Nordeste registrou 222.518 óbitos neonatais, sendo 177.203 precoces e 45.315 tardios (BRASIL, 2021).

Em Alagoas, baseando-se nas regiões de saúde, de 1999 a 2019, a 1ª Região de Saúde, na qual a capital Maceió está situada, foi registrado 5.439 óbitos neonatais, sendo 4.186 precoces e 1.253 tardios (BRASIL, 2021).

3.4 Escores de Predição

Os escores de predição são ferramentas de pontuação que envolvem o uso de dados demográficos, fisiológicos e clínicos para quantificar uma determinada questão investigada (DORLING; FIELD; MANKTELOW, 2005).

Há, classicamente, seis escores que avaliam o risco de óbito neonatal: *Clinical Risk Index for Babies* (CRIB); *Clinical Risk Index for Babies II* (CRIB II); *Score for Neonatal Acute Physiology* (SNAP); *Score for Neonatal Acute Physiology II* (SNAP II); *Score for Neonatal Acute Physiology – Perinatal Extension* (SNAPPE); e *Score for Neonatal Acute Physiology – Perinatal Extension II* (SNAPPE II). (MCLEOD et al, 2020).

O CRIB, descrito em 1993, consiste em uma coorte composta por 812 recém-nascidos de muito baixo peso ao nascer ou prematuros extremos tratados em uma Unidade de Terapia Intensiva Neonatal (UTIN) no Reino Unido, e combinou o peso ao nascer, a idade gestacional, a presença de malformação congênita, o valor máximo do *base excess* nas primeiras 12 horas de vida e o valor mínimo e máximo do FiO₂ nas primeiras 12 horas de vida, sendo classificados como um escore de boa qualidade discriminatória (ASC = 0.90). (INTERNATIONAL NEONATAL NETWORK, 1993).

O SNAP, uma coorte de 1643 recém-nascidos tratados em três UTINs em Boston (EUA), foi desenvolvido no mesmo ano do CRIB, e utilizou 26 variáveis escolhidas arbitrariamente e analisadas nas primeiras 24 horas. Tais variáveis consistiram na pressão arterial, frequência cardíaca, frequência respiratória, temperatura, PO₂ e razão PO₂/FiO₂. (RICHARDSON et al., 1993). O SNAPPE, por sua vez, ampliou a análise do SNAP, adicionando fatores perinatais, a exemplo do peso ao nascer, idade gestacional e Apgar no 5º minuto. (RICHARDSON et al., 1993). Da mesma forma que o CRIB, tanto o SNAP quanto o SNAPPE consistiram em um escore de boa qualidade discriminatória (ASC SNAP = 0.87; ASC SNAPPE = 0.90). (DORLING; FIELD; MANKTELOW, 2005).

O SNAP II e o SNAPPE II foram coortes lançadas em 2001 com o objetivo de simplificar a abordagem dos escores originais (RICHARDSON et al., 2001). O SNAP II utilizou a pressão arterial média, a menor temperatura aferida, a razão PO₂/FiO₂, o menor pH sérico, a presença de múltiplos desmaios e a diurese nas primeiras 12 horas de vida

(RICHARDSON et al., 2001). Já o SNAPPE II, além das variáveis do SNAP II, utilizou o peso menor que 749 gramas, o Apgar menor que 7 no 5º minuto e a relação peso – idade gestacional. (RICHARDSON et al., 2001).

O CRIB II, coorte construída em 2003, surgiu a partir de críticas em relação à primeira versão, as quais se resumem à influência do cuidador no fornecimento das informações a serem coletadas e contemplam as variáveis peso ao nascer (ultrassonografia gestacional), sexo, temperatura na admissão e o valor do *base excess* nas primeiras 12 horas de vida (PARRY et al., 2003)

No decorrer do tempo, surgiram outros escores para ampliar os parâmetros dos escores clássicos, bem como solucionar problemas relacionados à localidade ou ao acesso à saúde, a exemplo do *Neonatal Mortality Score from Ethiopia* (NMSE), *Neonatal del Cono Sur Score* (NEOCOSUR) e *Neonatal Mortality Score-9 Mexico* (EMN-9 Mex).

O NMSE, foi conduzido a partir de um caso-controle, sendo 124 casos (óbitos neonatais) e 122 controles (sobreviventes). Os parâmetros utilizados foram a idade materna, a paridade, o sexo, a idade gestacional, o peso ao nascer, o tipo de parto, além da frequência cardíaca, respiratória, temperatura, presença de desconforto respiratório, nível de consciência, relação peso – idade gestacional e perímetro cefálico, produzindo um ASC de 0.88. (MEDIRATTA et al., 2020)

O NEOCOSUR, uma coorte prospectiva, a qual utilizou dados de 16 unidades neonatais na América do Sul, lançou-se como uma boa proposta para países de média e baixa renda, utilizando como parâmetros a idade materna, o peso ao nascer, idade gestacional, Apgar no 1º minuto, malformações congênitas, sexo, uso de corticoide no período perinatal e a relação peso – idade gestacional. O escore em questão encontrou um ASC de 0.85. (MARSHALL et al., 2005).

O EMN-9 Mex é um caso-controle aninhado, o qual utilizou 22 casos e 132 controles e selecionou como parâmetros: peso ao nascer, presença de acidose metabólica, nível de lactato, razão PaO₂ / FiO₂, contagem de plaquetas e glicemia, encontrando um ASC de 0.92. (MÁRQUEZ-GONZÁLEZ et al., 2015). Seguindo a mesma tendência e proposta dos escores, surgiram o *Simplified Age-Weight-Sex* (SAWS) e o *Neonatal Mortality Risk among neonates weighing 2000 g or less* (NMR-2000).

O SAWS, uma variável do CRIB-II, foi construída a partir de uma coorte retrospectiva utilizando 467 recém-nascidos no Cairo (Egito). Com a proposta de ser utilizado principalmente em países de baixa renda, o SAWS utiliza a peso ao nascer, idade gestacional e sexo, com um ASC de 0.71 (ROSENBERG et al., 2008). Já o NMR-2000,

também construída a partir de uma coorte retrospectiva, utilizou os dados de 187 unidades neonatais do Reino Unido e da Gâmbia. Com uma proposta de ser utilizado em países de média e baixa renda, o escore utiliza o peso ao nascer, a saturação de oxigênio e o suporte de oxigênio nas primeiras 24 horas de vida, produzindo um ASC de 0.85 (MEDVEDEV et al., 2020).

A tabela 1 resume as principais características dos 11 escores de predição de óbito neonatal.

Tabela 1 - Principais características dos 11 escores de predição de óbito neonatal.

ESCORE	ANO	TIPO DE ESTUDO	VARIÁVEIS PRINCIPAIS
CRIB	1993	Coorte	Peso ao nascer; Idade gestacional; Presença de malformação congênita; Valor máximo do <i>base excess</i> nas primeiras 12 horas de vida; Valor mínimo e máximo do FiO ₂ nas primeiras 12 horas de vida
CRIB II	2003	Coorte	Peso ao nascer (Ultrassonografia gestacional); Sexo; Temperatura na admissão; Valor do <i>base excess</i> nas primeiras 12 horas de vida
SNAP	1993	Coorte	Pressão arterial; Frequência cardíaca; Frequência respiratória; Temperatura; PO ₂ e Razão PO ₂ /FiO ₂
SNAP II	2001	Coorte	Pressão arterial média; Menor temperatura aferida; Razão PO ₂ /FiO ₂ ; Menor pH sérico; Presença de múltiplos desmaios; Diurese nas primeiras 12 horas de vida
SNAPPE	1993	Coorte	SNAP + Peso ao nascer; Idade gestacional; Apgar no 5º minuto
SNAPPE II	2001	Coorte	SNAP II + Presença de peso menor que 749 gramas; Apgar menor que 7 no 5º minuto; Relação peso – idade gestacional
NMSE	2020	Caso-Controle	Idade materna; Paridade; Sexo; Idade gestacional; Peso ao nascer; Tipo de parto; Frequência cardíaca; Frequência Respiratória; Temperatura; Presença de desconforto respiratório; Nível de consciência; Relação peso – idade gestacional; perímetro cefálico
NEOCOSUR	2005	Coorte	Idade materna; Peso ao nascer; Idade gestacional; Apgar no 1º minuto; Malformações congênitas; Sexo; Uso de corticoide no período perinatal; Relação peso – idade gestacional
EMN-9-MEX	2015	Caso-Controle Aninhado	Peso ao nascer; Presença de acidose metabólica; Nível de lactato; Razão PaO ₂ /FiO ₂ ; Contagem de plaquetas; Glicemia
SAWS	2008	Coorte	Peso ao nascer; Idade gestacional; Sexo
NMR-2000	2020	Coorte	Peso ao nascer; Saturação de oxigênio; Suporte de oxigênio nas primeiras 24 horas de vida

Fonte: elaborado pelos autores.

4 JUSTIFICATIVA

O Brasil, um país de dimensões continentais, possui diversos contextos sociais e econômicos. Tal fato reflete na condição assistencial ao recém-nascido, sendo mais favorável a sobrevivência em regiões mais desenvolvidas. O Nordeste encontra-se nesse contexto, como uma região com dificuldades assistenciais.

O óbito neonatal precoce é o fator causal predominante do óbito neonatal brasileiro, indicando que é possível evitar esses óbitos por meio da assistência e da prevenção, as quais podem ser realizadas tanto por meio de políticas públicas, quanto por ferramentas capazes de prever o óbito.

Há várias escores de predição disponíveis e específicos para as diversas situações e realidades. O escore mais completo atualmente é o NMR-2000, o qual utiliza três parâmetros e possui uma alta acurácia (ASC 0.85). Há também o SAWS, específico para países de média e baixa renda, o qual poderia ser utilizado no Brasil. Apesar dessas possibilidades, é visto a necessidade de ampliar as variáveis utilizadas no SAWS, porém com uma metodologia semelhante ao NMR-2000. Por isso, diante desse contexto, a proposta desse estudo é elaborar um escore de predição de óbito neonatal a fim de auxiliar os profissionais de saúde a entender e prever o óbito neonatal no Brasil.

5 METODOLOGIA

5.1 Tipo de estudo

Estudo caso-controle o qual utilizou dados secundários públicos coletados do Sistema de Informação sobre Nascidos Vivos (SINASC) e do Sistema de Informações sobre Mortalidade (SIM).

5.2 Local e Amostra do estudo

Mediante autorização da Superintendência de Vigilância em Saúde (SUVISA) da Secretaria de Saúde do Estado de Alagoas (SESAU), número do processo 02000.0000025417/2020, os pesquisadores coletaram os dados do Estado de Alagoas *in locu*, diminuindo, assim, a possibilidade de erros ao coletar estas informações via Departamento de Informática do Sistema Único de Saúde do Brasil (DATASUS).

Considerou-se caso os óbitos neonatais e os controles os dois nascidos-vivos registrados imediatamente após a ocorrência do óbito.

5.3 Critérios de elegibilidade

5.3.1 Critérios de inclusão

Todos os óbitos neonatais ocorridos em Alagoas (Brasil) entre janeiro de 2016 e outubro de 2020 foram incluídos, bem como os dois nascidos-vivos registrados imediatamente após esses óbitos neonatais.

5.3.2 Critérios de exclusão

Excluíram-se os registros de óbitos neonatais, bem como de nascidos-vivos, os quais não possuíam informações a respeito do peso ao nascer, da idade gestacional, do Apgar no 5º minuto, do número de consultas pré-natais ou da presença de anomalia congênita.

5.4 Coleta e Armazenamento de dados

A coleta de dados foi realizada por cinco pesquisadores utilizando um software desenvolvido pelo Departamento de Estatística da Universidade Federal de Alagoas, construído exclusivamente para este projeto. O software utilizou um script em linguagem Python versão 3.8.8 (Python Software Foundation, Delaware, EUA) e uma biblioteca de manipulação de dados tabulares pandas versão 1.2.3 (Python Software Foundation, Delaware, EUA).

O processo de acesso aos dados consistiu na realização de um *Linkage*. A partir do número de registro da DNV, encontrou-se a DO correspondente, bem como as duas DNV subsequentes a hora do óbito registrada na DO anteriormente coletada.

Após o encontro das informações, os dados foram importados para uma planilha construída a partir do software Microsoft Excel 365 (Microsoft Corporation, Redmond – Washington, EUA).

Szwarcwald *et al.* (2019), analisando as informações do Sistema de Informações sobre Nascidos Vivos (SINASC), principal base de dados utilizada em nosso estudo, mostraram que houve concordância em todas as variáveis testadas, sendo a variável de maior fragilidade a idade gestacional com valor de *kappa* de 0.461, reforçando a confiabilidade desses dados.

5.6 Variáveis

5.6.1 Primária

A variável primária foi o óbito neonatal, uma variável qualitativa dicotômica.

5.6.2 Secundárias

5.6.2.1 Caso

- a) **semanas de gestação** (menor que 37 semanas, maior ou igual a 37 semanas), variável qualitativa dicotômica;
- b) **peso ao nascer** (menor que 2.500 g, maior ou igual a 2.500 g), variável qualitativa dicotômica;
- c) **números de consultas pré-natais** (número de consultas menor que 7, número de consultar maior ou igual a 7), variável qualitativa dicotômica;
- d) **valor do Apgar no 5º minuto** (Apgar menor que 7, Apgar maior ou igual a 7), variável qualitativa dicotômica;
- e) **presença de anomalia** (presença, ausência ou ignorado), variável qualitativa nominal.

5.6.2.2 Controle

- a) **semanas de gestação** (menor que 37 semanas, maior ou igual a 37 semanas), variável qualitativa dicotômica;
- b) **peso ao nascer** (menor que 2.500 g, maior ou igual a 2.500 g), variável qualitativa dicotômica;

- c) **números de consultas pré-natais**, (número de consultas menor que 7, número de consultar maior ou igual a 7), variável qualitativa dicotômica;
- d) **valor do Apgar no 5º minuto** (Apgar menor que 7, Apgar maior ou igual a 7), variável qualitativa dicotômica;
- e) **presença de anomalia** (presença ou ausência), variável qualitativa dicotômica.

5.7 Análise estatística

O software estatístico utilizado foi o IBM SPSS Statistics versão 25.0 (IBM, Armonk – New York, EUA).

A análise descritiva foi composta pelo encontro das frequências absolutas e relativas, bem como pela construção de gráficos e tabelas.

A análise inferencial foi composta pela análise bivariada e multivariada. O *Odds Ratio* foi a medida de risco avaliada. Considerou-se estatisticamente significativo um $p < 0.05$.

5.7.1 Escore de predição

O processo de seleção consistiu no uso das variáveis identificadas como fatores de risco para óbito neonatal, cujo *Odds Ratio* ajustado foi maior que 2.0, em uma revisão sistemática com meta-análise sobre mortalidade neonatal, a qual envolveu várias cidades brasileiras (VELOSO *et al.*, 2019).

Para cada uma das variáveis foram atribuídas, de forma arbitrária, pontuações de acordo com a importância das variáveis no contexto do óbito neonatal. Deu-se três pontos para o peso < 2500 gramas, dois pontos para a presença de malformação congênita, dois pontos para a idade gestacional < 37 semanas, dois pontos para o Apgar < 7 no 5º minuto e um ponto para número de consultas pré-natais < 7 (Imagem 7). O ponto de corte, também escolhido de forma arbitrária, foi cinco pontos.

Imagem 1 - Distribuição do sistema de pontuação.

VARIÁVEL	PONTUAÇÃO
Peso < 2500 gramas	3
Presença de anomalia congênita	2
Idade gestacional < 37 semanas	2
APGAR < 7 no 5º minuto	2
Número de consultas pré-natais < 7	1

Fonte: elaborado pelos autores.

Calculou-se, a sensibilidade, especificidade, razão de probabilidade positiva (RPP), razão de probabilidade negativa (RPN), área sob a curva (AUC). Por fim, foi construída a curva ROC. O valor de p estatisticamente significativo adotado foi 0.05. Considerou-se como uma grande influência na probabilidade de ocorrência do óbito um RPP > 10 e um RPN < 0.1.

5.8. Aspectos éticos

5.8.1 Autorização

A Superintendência de Vigilância em Saúde (SUVISA) da Secretaria de Saúde do Estado de Alagoas (SESAU), número do processo 02000.0000025417/2020, autorizou os pesquisadores a coletarem os dados do Estado de Alagoas *in locu*, mediante concordância em não coletar os dados individuais dos participantes, a exemplo do nome da mãe, nome do pai e data de nascimento.

Por ser uma coleta de dados secundários, os quais podem ser encontrados via Departamento de Informática do Sistema Único de Saúde do Brasil (DATASUS), não houve a necessidade de submissão ao Comitê de Ética em Pesquisa (CEP/UFAL).

5.8.2 Riscos

Os participantes correram o risco de ter seus dados individuais divulgados ou estigmatizados por qualquer conteúdo revelado. Para minimizar esse risco, os pesquisadores criaram uma função no software desenvolvido pela equipe, a qual excluiu tais dados sigilosos. Além disso, os responsáveis pela SUVISA, os quais acompanharam os pesquisadores na coleta de dados, controlaram todo o processo, a fim de garantir o não-vazamento de dados do setor.

5.8.3 Benefícios

A população, por meio dos resultados deste estudo, conhecerá a realidade do Estado de Alagoas, bem como os fatores que mais apresentam risco ao óbito neonatal. Além disso, outro benefício, mais direcionado aos profissionais de saúde, é a proposta de uma escala de prevenção de óbito neonatal, auxiliando esses profissionais a preparar as gestantes e o ambiente de trabalho que atuam a receber um recém-nascido conforme classificado.

6 PRODUTO

1. NEONATAL DEATH PREDICTION SCORE IN THE FIFTH MINUTE OF LIFE, submetido segundo as normas da **PAEDIATRIC AND PERINATAL EPIDEMIOLOGY**.

6.1 Produto I

NEONATAL DEATH PREDICTION SCORE IN THE FIFTH MINUTE OF LIFE

NEONATAL DEATH PREDICTION SCORE

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SYNOPSIS

1 Research Question

What is the difference between a neonatal death prediction score constructed from Brazilian data and other neonatal death prediction scores?

2 What is already known?

The Clinical Risk Index for Babies (CRIB) had an AUC of 90%, the Score for Neonatal Acute Physiology (SNAP) an AUC of 87%. the Simplified Age-Weight and Sex mortality risk classification (SAWS) an AUC of 71% and the Neonatal Mortality Risk among neonates weighting 2000 g or less (NMR-2000) an AUC of 85.2%.

3 What does this study help?

Analyzing the database of one of the states of Brazil, the study allows us to understand the causal dynamics of neonatal deaths, in addition to proposing the elaboration of a neonatal death prediction score to be used by health professionals.

ABSTRACT E KEYWORDS

Context. The first week of life is the most critical for the newborn, especially in the first 24 hours of life. It is estimated that, annually, 2.7 million neonatal deaths occur worldwide, with 1 million of them occurring in the first week. In the literature, there are numerous proposals for prediction scores, whether for developed or developing countries, or for hospital or intensive care units.

Objective. Develop a neonatal death prediction score.

Methods. A case-control study that used public secondary data collected from the Live Births Information System (LBIS) and the Mortality Information System (MIS). The time span was five years (2016 – 2020). The two live births registered immediately after the occurrence of death (case) were considered control. The variables were gestational age, birth weight, number of prenatal consultations, APGAR at 5 minutes and congenital anomalies. The analyzes consisted of absolute and relative frequency, Crude Odds Ratio (COR) and Adjusted Odds Ratio (AOR). To construct the prediction score, the cutoff point, sensitivity, specificity, positive probability ratio (PPR), negative probability ratio (NPR) and area under the curve (AUC) were calculated.

Results. Weight < 2500 grams had an AOR of 7.56 (5.86, 9.74), the presence of malformation AOR 28.15 (16.73, 47.36), gestational age < 37 weeks AOR 6.06 (4.72, 7.78), the Apgar < 7 at the 5th minute AOR 61.61 (38.01, 99.88) and number of prenatal consultations < 7 AOR 1.29 (1.04, 1.59). The prediction score cutoff was five points, sensitivity 70.21%, specificity 96.65%, PPR 20.95, NPR 0.30 and AUC 0.896.

Conclusion. The prediction score is promising to predict neonatal death, showing a great influence on the probability when greater than five points, obtaining a better score when positive.

KEYWORDS – Neonatal mortality. Risk factors. Clinical Decision Rules.

MAIN TEXT

Context

Neonatal death consists of death between birth and the 27th day of life¹. This period is commonly divided into early and late neonatal death, each with its causal particularities and epidemiological importance².

In the first period, between birth and the 7th day of life, avoidable causes are included, with prematurity, low birth weight and intrapartum complications being the most prevalent reasons^{2,3}. In the second period, congenital anomalies are the most prevalent causes³.

The first week of life is the most critical for the newborn, especially in the first 24 hours of life⁴. It is estimated that, annually, 2.7 million neonatal deaths occur worldwide, with 1 million of them occurring in the first week^{3,4}.

Therefore, it is important to use tools to help prevent these deaths, since they are mostly preventable causes^{2,5,6}. In the literature, there are numerous proposals for prediction scores, whether for high, medium or low-income countries, or for hospital or intensive care units^{5,7-9}.

The purpose of this study is to develop a neonatal death prediction score in order to help health professionals understand and predict neonatal death.

Methods

A case-control study which used public secondary data collected from the Live Birth Information System (LBIS) and the Mortality Information System (MIS).

Neonatal deaths were considered cases and controls were the two live births recorded immediately after the death occurred. All neonatal deaths that occurred in the State of Alagoas (Brazil) between January 2016 and October 2020 were included, as well as the two live births recorded immediately after these neonatal deaths.

The primary variable was neonatal death. Secondary variables were gestational age, birth weight, prenatal consultations, Apgar at 5 minutes and congenital anomalies.

Data collection was performed using proprietary software developed in Python language version 3.8.8 (Python Software Foundation, Delaware, USA) and a pandas tabular data manipulation library version 1.2.3 (Python Software Foundation, Delaware, USA). Access to data consisted of performing a Linkage, that is, from the Birth Registration Number (BRN), the corresponding Death Registration Number (DRN) was found, as well as the two BRN subsequent to the time of death recorded in the DRN previously collected.

The statistical software used was IBM SPSS Statistics version 25.0 (IBM, Armonk – New York, USA). The descriptive analysis was composed by finding the absolute and relative frequencies, as well as the construction of graphs and tables. The inferential analysis consisted of bivariate and multivariate analysis. The Crude Odds Ratio (COR) and Adjusted Odds Ratio (AOR) were the measures of risk assessed. A $p < 0.05$ was considered statistically significant.

The process of elaborating the prediction score consisted of using the variables identified as risk factors for neonatal death, whose AOR was greater than 2.0, found in the study by Veloso et al (2019).

For each of the variables, scores were arbitrarily assigned according to the importance of the variables in the context of neonatal death. Three points were given for weight < 2500 grams, two points for the presence of congenital anomaly, two points for gestational age < 37 weeks, two points for Apgar < 7 points in the 5th minute and one point for the number of prenatal consultations < 7 times. The cut-off point was five points.

Sensitivity, Specificity, Positive Probability Ratio (PPR), Negative Probability Ratio (NPR), Area Under the Curve (AUC) were calculated and the ROC curve was constructed. A $p < 0.05$ was considered statistically significant. An PPR > 10

and an NPR < 0.1 were considered as a major influence on the probability of death.

Approval by the Research Ethics Committee was not necessary, as the data collected and used are in the public domain.

Results

Between 2016 and 2020, 6189 records were collected, of which 2089 were neonatal deaths. After applying the eligibility criteria, 5198 records remained, with 1138 deaths and 3860 live births (Image 1)

We found 1317 (25.3%) premature infants, 1180 (22.7%) low birth weight newborns, 677 (13%) with inadequate prenatal care, 555 (10.7%) with Apgar < 7 at the 5th minute and 229 (4.4%) with some congenital anomaly (Table 1).

Of the deaths, 931 (63.9%) newborns were low birth weight, 205 (15.3%) had some congenital anomaly, 957 (72.2%) were premature, 532 (40.5%) had Apgar < 7 at the 5th minute and 883 (68.2%) had inadequate prenatal care (Table 2).

Low birth weight was 33 times more likely to die (COR 33.17 [27.89,39.45]), the presence of congenital anomaly 28 times (COR 28.79 [18.77,44.18]), prematurity 25 times (COR 25.27 [21.49,29.71]), Apgar < 7 in the 5th minute 113 times (COR 113.49 [74.23,173.50]) and inadequate prenatal care 3 times (COR 3.65 [3.18,4.18]) (Table 2).

When adjusting the variables, low birth weight was 7 times more likely to die (AOR 7.56 [5.86,9.74]), the presence of congenital anomaly 28 times (AOR 28.15 [16.73,47.36]), prematurity 6 times (AOR 6.06 [4.72,7.78]), Apgar < 7 in the 5th minute 61 times (AOR 61.61 [38.01,99.88]) and inadequate prenatal care 1 time (AOR 1.29 [1.04,1.59]) (Table 2).

In the elaboration of the prediction score, sensitivity of 70.21%, specificity of 96.65%, PPR of 20.95, NPR of 0.30 and AUC 0.896 (0.883, 0.908) were found (Table 3; Image 2).

Comments

The study showed that 72.2% of deaths recorded between 2016 and 2020 in Alagoas were premature newborns, 68.2% had inadequate prenatal care, 63.9% were underweight, 40.5% had Apgar < 7 in the 5th minute and 15.3% had some congenital anomaly.

In addition, it was evidenced that Apgar < 7 in the 5th minute was 61 times more likely to die, followed by the presence of congenital anomaly with 28 times, low birth weight with 7 times, prematurity with 6 times and inadequate prenatal care with a turn.

Lansky et al (2014), when analyzing the profile of neonatal deaths in Brazil, showed that 82% of registered deaths were related to low birth weight and 81.7% to prematurity. Kassir et al (2013), when identifying risk factors for neonatal mortality, also showed that the main cause of neonatal death was low birth weight, with 69.9% of deaths recorded. Such findings corroborate the findings in our study, which pointed to prematurity and low birth weight as one of the main causes.

Sleutjes et al (2018), analyzing the risk factors for neonatal mortality in the State of São Paulo (Brazil), showed that 76.7% of registered deaths were caused by prematurity, 75% by low birth weight and 75% by a Apgar < 7. On the other hand, Vallely et al (2021), using data from the Papua New Guinea Perinatal Problems Identification System to describe the causes and avoidable factors associated with early neonatal death, showed that 23% of registered deaths were caused by prematurity, corroborating the findings of our study.

Cnattingius et al (2020), when using the Swedish database to investigate the association between the risk of neonatal death, showed that, of the 1,986 deaths recorded, 71.65% corresponded to extreme prematurity. In addition, while being born with a gestational age of 30 weeks is 10.9 times more likely to die, a gestational age of 22 weeks is 641.9 times more likely to die. On the other hand, Veloso et al (2019), when analyzing the risk of neonatal death in Brazil, showed

that the gestational age of 37 weeks or less is 5.74 times more likely to die, a number close to the finding in our study. Sleutjes et al (2018) pointed out that a gestational age less than 38 weeks has a 168 times greater chance of death.

Andegiorgish et al (2020), evaluating neonatal mortality and associated factors in Asmara (Eritrea), showed that being born with a gestational age of less than 37 weeks is 1.46 times more likely to die. On the other hand, Demitto et al (2016), when identifying the factors associated with neonatal mortality, pointed out that being premature at 28 weeks or less is 682.47 times more likely to progress to death.

Garcia et al (2017), analyzing the risk factors for neonatal mortality in Santa Catarina (Brazil), showed that an Apgar score < 7 in the 5th minute has a 19.08 times greater chance of death and low birth weight has a chance of 9.46 times of progressing to death. Lona Reys et al (2018), in turn, when evaluating the factors associated with neonatal mortality in Guadalajara (Mexico), pointed out that Apgar < 7 in the 5th minute has a 9.40 times greater chance of death, while low birth weight 6.30 times. Weddih et al (2019), when evaluating the factors associated with neonatal death in Nuaquexote (Mauritania), showed that a low birth weight newborn is 3.91 times more likely to die. Such findings showed the importance of Apgar in the risk of neonatal death, corroborating the findings of our study.

The study, when elaborating the prediction score, found sensitivity of 70.21%, specificity of 96.65%, PPR of 20.95, NPR of 0.30 and AUC of 89.6%. The International Neonatal Network (1993) published the Clinical Risk Index for Babies (CRIB) and, using six parameters and a result in the first 12 hours, found an AUC of 90%. In contrast, using 28 items to be collected in the first 24 hours of life, Richardson et al (1993) developed the Score for Neonatal Acute Physiology (SNAP), with an AUC of 87%. Our study, using five parameters, found an AUC of 89.6%, proving to be an alternative to be considered.

Rosenberg et al (2008) developed the Simplified Age-Weight and Sex mortality risk classification (SAWS) and, using the variables sex, gestational age and birth

weight, found an AUC of 71%. Also using three parameters collected in the first 24 hours, Medvedev et al (2020) developed the Neonatal Mortality Risk among neonates weighting 2000 g or less (NMR-2000), reaching an AUC of 85.2%. The scale proposed by this study proved to be superior to the proposals presented above, with an AUC of 89.6%.

It should be noted that our study used secondary data to develop a neonatal death prediction score. Szwarcwald et al (2019), when analyzing the quality of the data recorded in the Live Birth Information System (LBIS), showed agreement in all the variables tested, with the most fragile variable being the gestational age with a kappa value of 0.461, evidencing a quality of the data that make up the analyzed database.

Finally, a point to be highlighted is the great positive influence that our score has when the score is greater than 5 ($PPR > 10$), showing a high probability of death. On the other hand, the same cannot be said when the score is less than 5 ($NPR > 0.1$).

Conclusion

The prediction score is promising to predict neonatal death, showing a great influence on the probability when greater than five points, obtaining a better score when positive.

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FIGURE LEGENDS

Image 1. Data selection flowchart.

Image 2. ROC curve.

TABLES

Table 1. Descriptive analysis of the data.

5198 records			
Gestational age	≥ 37 weeks	3867	74.4%
	< 37 weeks	1317	25.3%
	Ignored	14	0.3%
Birth weight	≥ 2500 grams	4018	77.3%
	< 2500 grams	1180	22.7%
Number of prenatal consultations	None	105	2%
	1 a 3	572	11%
	4 a 6	1627	31.3%
	≥ 7	2837	54.6%
	Ignored	57	1.1%
APGAR in the 5th minute	≥ 7	4619	88.9%
	< 7	555	10.7%
	Ignored	24	0.5%
Congenital anomalies	Presence	229	4.4%
	Absence	4953	95.3%
	Ignored	16	0.3%

Table 2. Bivariate and multivariate analysis.

	Death		COR (95% IC)	AOR (95% IC)
	Yes	No		
Weight				
< 2500 grams	931 (69.60%)	249 (6.50%)	33.17 (27.89 – 39.45)	7.56 (5.86 – 9.74)
≥ 2500 grams	407 (30.40%)	3611 (93.50%)		
Congenital anomalies				
Yes	205 (15.32%)	24 (0.63%)	28.79 (18.77 – 44.18)	28.15 (16.73 – 47.36)
No	1133 (84.68%)	3820 (99.37%)		
Gestational age				
< 37 weeks	957 (72.20%)	360 (9.30%)	25.27 (21.49 – 29.71)	6.06 (4.72 – 7.78)
≥ 37 weeks	368 (27.80%)	3499 (90.70%)		
APGAR in the 5th minute				
< 7	532 (40.50%)	231 (0.60%)	113.49 (74.23 – 173.50)	61.61 (38.01 – 99.88)
≥ 7	782 (59.50%)	3837 (99.40%)		
Prenatal				
< 7 consultations	883 (68.20%)	1421 (36.90%)	3.65 (3.18 – 4.18)	1.29 (1.04 – 1.59)
≥ 7 consultations	412 (31.80%)	2425 (63.10%)		

Table 3. Sensitivity, specificity, positive probability ratio, negative probability ratio and area under the curve.

	DEATH	
	YES	NO
Score \geq 5	884	128
Score < 5	375	3701
Sensitivity	70.21%	
Specificity	96.65%	
Positive Probability Ratio	20.95	
Negative Probability Ratio	0.30	
Area under the curve.	0.896	

FIGURES

Image 1. Data selection flowchart.

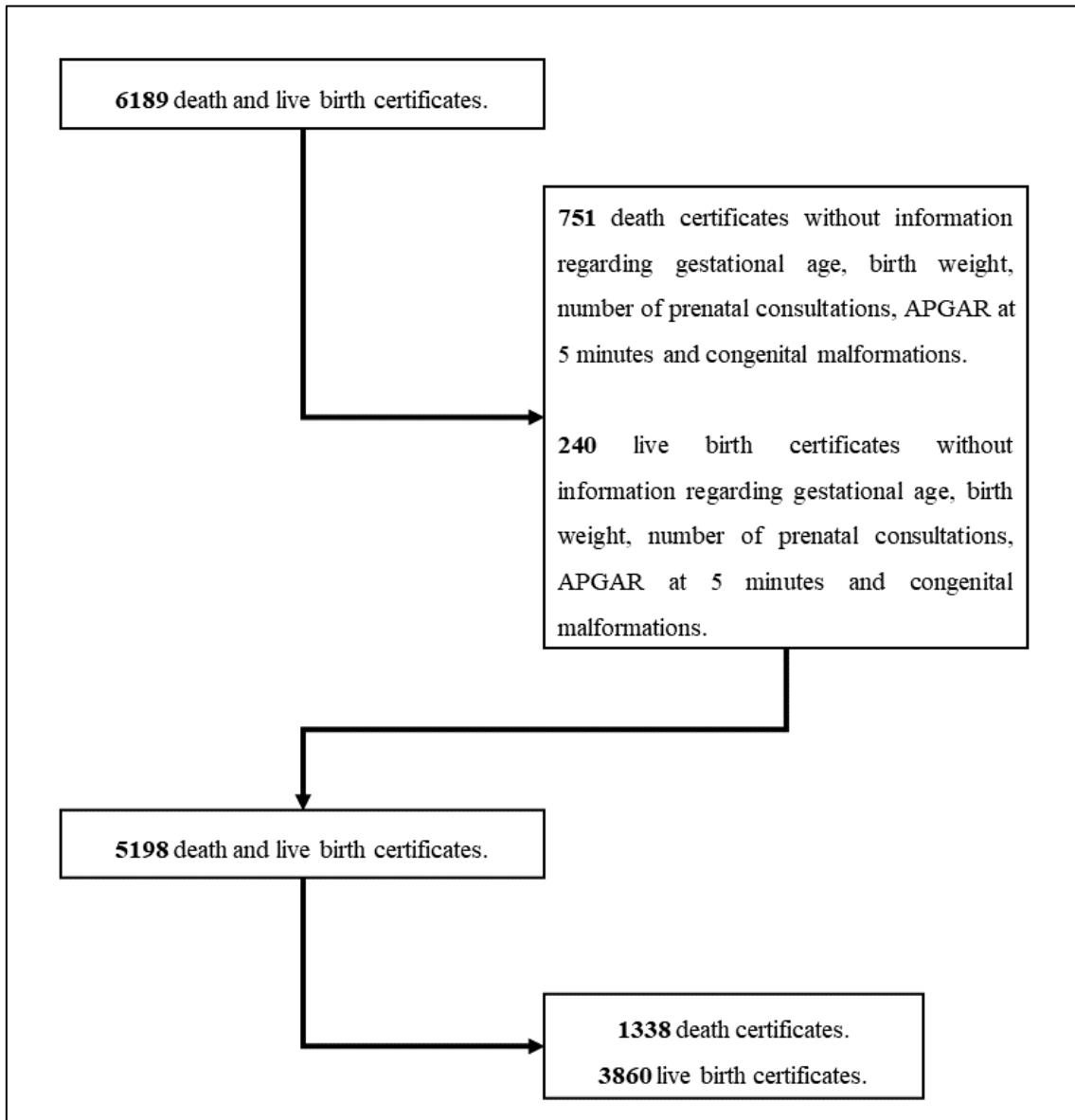
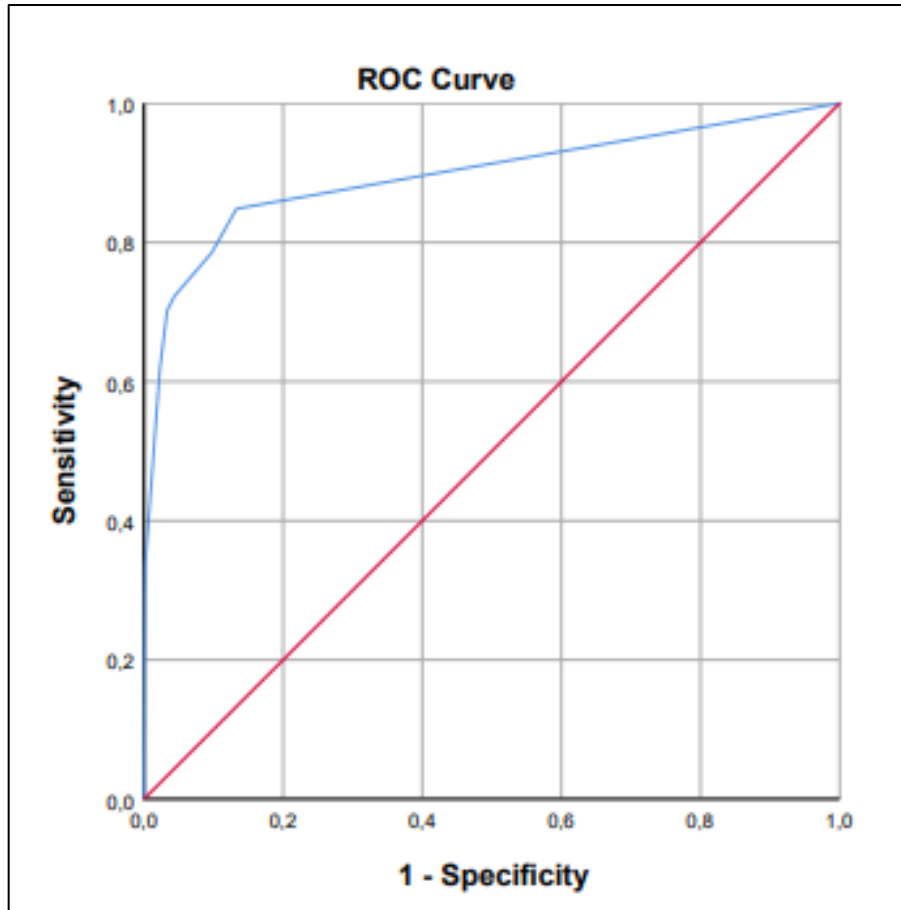


Image 2. ROC curve.



7 CONCLUSÕES

O estudo mostrou que 72.2% dos óbitos registrados entre 2016 e 2020 em Alagoas eram recém-nascidos prematuros, 68.2% apresentaram pré-natal inadequado, 63.9% eram de baixo peso, 40.5% apresentaram Apgar < 7 no 5º minuto e 15.3% possuíam alguma anomalia congênita. Além disso, o Apgar < 7 no 5º minuto apresentou 61 vezes mais chance de óbito, seguido da presença de anomalia congênita com 28 vezes, baixo peso ao nascer com 7 vezes, prematuridade com 6 vezes e pré-natal inadequado com uma vez.

O escore de predição proposto obteve uma sensibilidade de 70.21%, especificidade de 96.65%, RPP de 20.95, RPN de 0.30 e AUC de 89.6%. Diante disso, tal escore mostra-se promissor para prever o óbito neonatal, apresentando uma grande influência na probabilidade de ocorrência de óbito neonatal quando maior que cinco pontos.

8 LIMITAÇÕES E PERSPECTIVAS

A nossa proposta de escore utilizou dados secundários, o que pode levantar uma desconfiança dos dados. SZWARCOWALD *et al* (2019) publicaram um estudo analisando a qualidade dos dados registrados no Sistema de Informações sobre Nascidos Vivos (SINASC), uma das bases utilizadas em nosso estudo e que está presente juntamente com o Sistema de Informações sobre Mortalidade (SIM) no Departamento de Informática do Sistema Único de Saúde do Brasil (DATASUS). Tal estudo mostrou que houve concordância em todas as variáveis testadas, sendo a variável de maior fragilidade a idade gestacional com valor de *kappa* de 0.461, evidenciando a boa qualidade dos dados que compõem o SINASC (SZWARCKWALD *et al.*, 2019).

Por fim, um ponto a ser destacado é a grande influência que o escore proposto possui quando a pontuação é maior que 5, pois o RPP foi maior que 10. Isso mostra que há uma probabilidade alta de que o recém-nascido irá evoluir para o óbito. Em contrapartida, o mesmo não pode ser dito quando o escore proposto for menor que 5, pois o RPN foi maior que 0.3, mostrando que há uma pequena influência na probabilidade.

O escore de predição proposto é um dispositivo de rápido e fácil acesso, podendo ser construído em 5 minutos. Por isso, a intenção dessa proposta é difundir esse escore, principalmente nos países de média e baixa renda, onde os sistemas de saúde são deficientes em vários aspectos. Sendo um escore construído a partir de dados do Brasil, onde o perfil causal é semelhante a outros países de média e baixa renda, o escore proposto mostra-se promissor e uma opção interessante a ser utilizada em estudos prospectivos no contexto da mortalidade neonatal.

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APÊNDICE



UNIVERSIDADE FEDERAL DE ALAGOAS
FACULDADE DE MEDICINA
PROGRAMA DE PÓS-GRADUAÇÃO EM CIÊNCIAS MÉDICAS
MESTRADO ACADÊMICO

Maceió – AL, 15 de dezembro de 2020.

À Secretaria de Estado da Saúde – SESAU

A/C: Superintendência de Vigilância em Saúde – SUVISA

Prezado Senhor Herbert Charles Silva Barros

Solicito a Vossa Senhoria autorização para que os alunos Felipe Camilo Santiago Veloso (Programa de Pós-Graduação em Ciências Médicas – Mestrado Acadêmico – da Universidade Federal de Alagoas), Carine Ramos Accioly de Barros (Curso de Graduação em Medicina da Universidade Federal de Alagoas) e Hellena Almeida Canuto (Curso de Graduação em Ciências da Computação da Universidade Federal de Alagoas) possam realizar pesquisa de coleta de dados necessários para a realização da submissão do projeto de pesquisa intitulado “Construção de uma Escala de Predição de Óbito Neonatal” em revistas científicas. Orientador: Prof. Dr. Samir Buanain Kassar.

Os objetivos deste estudo são:

- 1 Elaborar uma escala de predição de morte neonatal.
- 2 Traçar um perfil epidemiológico dos óbitos neonatais no Estado de Alagoas entre os anos de 2016 e 2020.
- 3 Indicar os fatores de risco e proteção ao óbito neonatal no Estado de Alagoas entre os anos de 2016 e 2020.

Os dados necessários são:

1 Coletar as variáveis dos dados epidemiológicos da Declaração de Nascido-Vivo: Estado de ocorrência; Município do nascimento; Local do nascimento; Idade da mãe; estado civil da mãe; escolaridade da mãe; ocupação da mãe; Número de filhos vivos; Número de filhos mortos; Estado de residência; Município de residência; Tipo de gravidez; Semanas de gestação; Tipo de parto; Números de consultas de pré-natal; data de nascimento; hora do nascimento; sexo; Apgar 1º minuto; Apgar 5º minuto; Raça/Cor; Peso ao nascer; Anomalia; Número de gestações anteriores.

2 Coletar as variáveis dos dados epidemiológicos da Declaração de Óbito: Data do óbito; Hora do óbito; Data do nascimento; Idade; Sexo; Raça/Cor; Estado de residência; Município de residência; Local da ocorrência do óbito; Estado do óbito; Município do óbito; Idade da mãe; Escolaridade da mãe; Ocupação da mãe; Número de filhos vivos; Número de filhos mortos; Tipo de gravidez; Semanas de gestação; Tipo de parto; Peso ao nascer; Causas da morte Parte I; Causas da morte Parte II.

Certos de contarmos com a compreensão e colaboração de todos que fazem esta instituição, desde já ficamos agradecidos.

Sem mais para o momento, reforçamos nosso sentimento de apreço e estima.

Atenciosamente,



Prof. Dr. Samir Buanain Kassar

Orientador

ANEXO



ESTADO DE ALAGOAS
SECRETARIA DE ESTADO DA SAÚDE
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TERMO DE AUTORIZAÇÃO n° 003/2020

Declaramos, para fins de comprovação junto ao Comitê de Ética em Pesquisa, que autorizamos os pesquisadores Felipe Camilo Santiago Veloso (Programa de Pós Graduação em Ciência Médicas – Mestrado Acadêmico da Universidade Federal de Alagoas), Carine Ramos Accioly de Barros (Curso de Graduação em Medicina da Universidade Federal de Alagoas) e Hellena Almeida Canuto (Curso de Graduação em Ciências da Computação da Universidade Federal de Alagoas) sob a responsabilidade do Prof. Dr. Samir Buanain Kassar, a coletar dados pertinentes ao objetivo da pesquisa intitulada: **“Construção de uma Escala de Predição de óbito Neonatal”**.

Maceió, 23 de dezembro de 2020.

HERBERT CHARLES SILVA BARROS
Superintendente de Vigilância em Saúde



PAEDIATRIC AND PERINATAL EPIDEMIOLOGY

Author Guidelines

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- Parity to refer to the number of prior livebirth or stillbirth delivered at ≥ 20 weeks. Use parity zero if the pregnant or delivering woman has had no previous livebirths

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- **Background:** Briefly state the reason(s) or justification for undertaking the study. **Objectives:** Spell out the primary objective of the study. A hypothesis statement can also accompany an objective.
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- **Conclusion(s):** Declare the primary finding of the study—if you have declared a hypothesis earlier, state if the study supports or does not support the

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- **Study selection and data extraction:** State explicitly the inclusion and exclusion criteria. How were data extracted from every study?
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3. Study design papers, follow this structure.

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